

Monthly Newsletter

ASPIRE COMMUNITY
SERVICES

◆
May 2026



CEO - AKUA OSEI-AMOAKO

Here's what has happened in the last month and what's to come!

Welcome to our charity newsletter! We are thrilled to share with you the latest developments in our mission to make a positive impact in our community.

Firstly, we would like to express our gratitude to our community members who have continued to support us. Thank you for trusting us with your loved ones!

In terms of our recent activities, we have our new staff members working on new projects regarding community involvement and ongoing education surrounding IDD. Be on the lookout for upcoming local events as our community connections coordinator works directly with our marketing coordinator to push out monthly event calendars for your counties!

We are excited to announce that we are rolling out important projects ranging from community involvement to staff education. We have put together event blasts that will be sent alongside the monthly newsletter!

Finally, we want to remind everyone that our charity relies on the kindness and support of our community. If you are in need of our services, or know someone who is, please do not hesitate to reach out to us.

Together, we can make a real difference in the lives of those who need it most. Thank you for your continued support!

Enjoy this month's newsletter.

Aspire

In this newsletter you can expect:

Community Updates

Upcoming Events

IDD Representation

Staff Profile Highlights

UNDER THE STARS

Every year, when the weather is *just* right, cinéSPEAK's Under the Stars Film Festival brings audiences together for magical evenings of outdoor cinema at one of Philadelphia's most beloved greenspaces—West Philly's historic Clark Park. We work with local creatives, vendors, and organizations to create the festival experience. For four weeks, every Friday night we proudly feature award-winning independent films from around the world. Bring your own blankets and chairs for this all-ages, family friendly event. Each evening-long event includes sweet tunes from local DJs, tasty food trucks, collaborations with other organizations, and much more. All events are public and free of charge, making this one of the only festivals in the city offering premiere screenings of major independent films for free.



Community News

Every year, when the weather is just right, cinéSPEAK's Under the Stars Film Festival brings audiences together for magical evenings of outdoor cinema at one of Philadelphia's most beloved greenspaces—West Philly's historic Clark Park. We work with local creatives, vendors, and organizations to create the festival experience. For four weeks, every Friday night we proudly feature award-winning independent films from around the world.

Friday, May 29, 2026 7:00 PM EDT

Bring your own blankets and chairs for this all-ages, family friendly event. Each evening-long event includes sweet tunes from local DJs, tasty food trucks, collaborations with other organizations, and much more. All events are public and free of charge, making this one of the only festivals in the city offering premiere screenings of major independent films for free.

The Bowl @ Clark Park
4300 Baltimore Ave
Philadelphia, PA 19104



\$10 Thursdays @ The Palace

977 E. Lancaster Avenue
Downingtown, PA 19335

Hours of operation 3pm-11pm
Sold out 5:30-9:30pm with league bowling

\$10pp/hour! \$15pp/1.5 hours.
Reservations suggested.

3pm-5:30pm and 9:30pm-11pm.



FIRST 100 ATTENDEES WILL BE PROVIDED WITH A FREE TOTE BAG



JUST FOR THE MENTAL HEALTH OF IT!

During May, the Community Health Council along with the County of Lebanon, WellSpan Philhaven, and Crisis Intervention, joins the national movement to raise awareness about mental health. Here are the details:

- Date: **10 AM-1PM Saturday May 9th**
- Location: **718 Poplar Street Suite J**
 - **Lebanon PA 17042**

Community News

Join the National Constitution Center for its Sensory-Friendly Days, an accessible learning experience for people of all abilities and their families. Visitors with sensory-processing challenges can experience the museum in a secure and comfortable environment that includes modified programming and emotionally safe spaces with sensory objects, comfortable seating, and cool blue lighting.

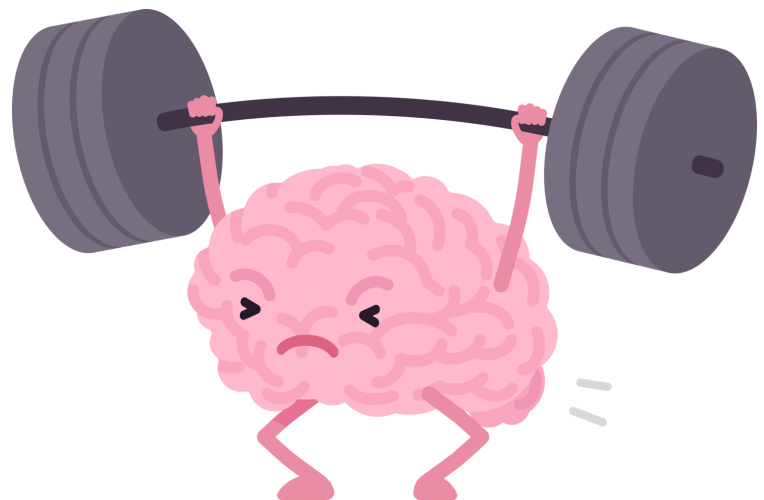
Sunday, May 31st, 9:00am
National Constitution Center
525 Arch Street
Philadelphia, PA 19106



May Spotlight

This month we celebrate Mental Health Awareness Month. At Aspire, we value all of our clientele, and we want to honor mental health in all forms. It is something that we should practice and improve, often overlooked compared to physical health.

Let's take a moment to appreciate that mental health exists on a spectrum, with it looking different in each individual. That is why highlighting awareness and educating ourselves on coping skills, therapies and other topics related to mental health is always necessary



Staff Profile Highlights



Ciera Appau

Ciera serves an important role on our team as an administrative assistant, overseeing administrative tasks, compiling reports for our executive team and working very closely with Maddie, our executive administrator. In addition to working for Aspire, she is currently enrolled in an accelerated nursing degree program at Rutgers University. We are so grateful for all the work she does. Her passion for working with individuals of all populations shines in everything she does!

Thank you for reading!

ASPIRE COMMUNITY SERVICES	445-202-5251
www.aspireconnects.com	925 Canal St. FL 7 S6, Bristol, PA 19007
