

# Monthly Newsletter

ASPIRE COMMUNITY  
SERVICES

◆  
April 2026



ASPIRE TO MAKE A DIFFERENCE

CEO - AKUA OSEI-AMOAKO

## Here's what has happened in the last month and what's to come!

Welcome to our charity newsletter! We are thrilled to share with you the latest developments in our mission to make a positive impact in our community.

Firstly, we would like to express our gratitude to our community members who have continued to support us. Thank you for trusting us with your loved ones!

In terms of our recent activities, we have our new staff members working on new projects regarding community involvement and ongoing education surrounding IDD. Be on the lookout for upcoming local events as our community connections coordinator is working hard to find a variety of events for all of your loved ones!

We are excited to announce that we are rolling out important projects ranging from community involvement to staff education. We will be putting together an event blast calendar to highlight all the events going on in April!

Finally, we want to remind everyone that our charity relies on the kindness and support of our community. If you are in need of our services, or know someone who is, please do not hesitate to reach out to us.

Together, we can make a real difference in the lives of those who need it most. Thank you for your continued support!

Enjoy this month's newsletter.

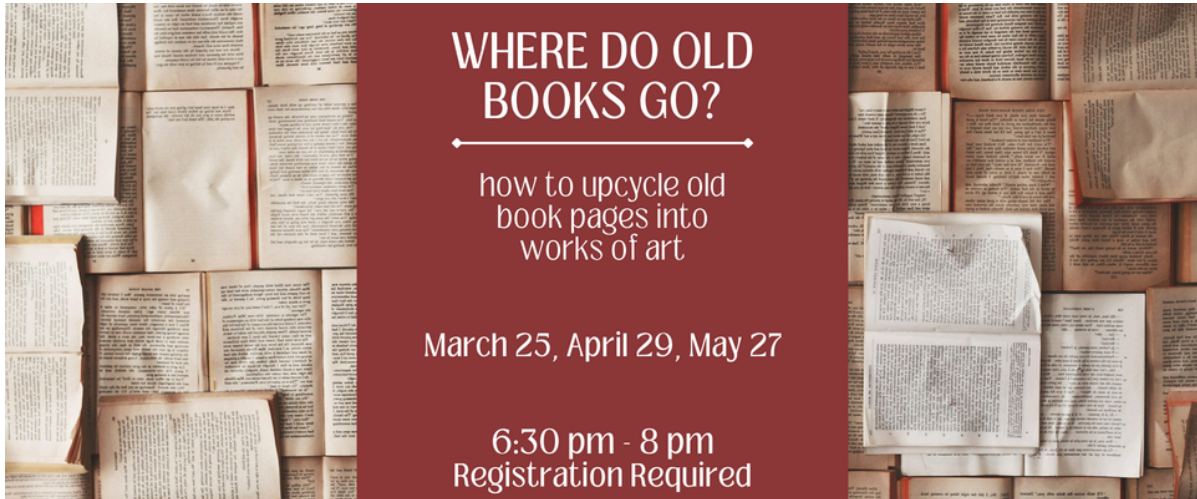
### In this newsletter you can expect:

Community Updates

Upcoming Events

IDD Representation

Staff Profile Highlights



# WHERE DO OLD BOOKS GO?



how to upcycle old book pages into works of art.

March 25, April 29, May 27

6:30 pm - 8 pm  
Registration Required

## Community News

Where Do Old Books Go? is back for more fun in this workshop series using upcycled old books to create works of art. Invited guest artists share various techniques and facilitate the creation of your own. Some of the ways we have re-imagined old books include origami, papier mâché, book folding, erasure poetry, paper cutting, flower pressing, shadow puppetry, and more!

Wednesday, April 29<sup>th</sup>, 6:30-8:00 PM  
Location  
Kennett Library  
216 E State St Kennett Square, PA 19348  
Oak Classroom (2nd Floor)  
<https://ccls.libcal.com/event/15639099>



**\$10 Thursdays @ The Palace**

**977 E. Lancaster Avenue  
Downingtown, PA 19335**  
Hours of operation 3pm-11pm  
Sold out 5:30-9:30pm with league bowling  
\$10pp/hour! \$15pp/1.5 hours.  
Reservations suggested.  
**3pm-5:30pm and 9:30pm-11pm.**



**Kennett Square  
Farmer's Market**

The Kennett Square Farmers Market is a gathering point for the community, local farmers and food artisans bring their very own locally-grown and freshly-made goodness to market each week. Here are the details:

- Date: Bi-Weekly Fridays (Winter Season) **3-5:30 PM April 3 + 17**
- Location: **Kennett Square Borough Hall 600 S. Broad Street**

## Community News

Join the Birding Club of Delaware County at Arlington Cemetery for a bird walk. Meet at Toppitzer Funeral Home at 8:00am. We'll walk about 1.5 - 2 miles along a paved road, so wear comfortable walking shoes. We will expect to see some raptors, colorful warblers, and maybe some rarities passing through. FREE to attend. All are welcome: you don't have to be a member of BCDC. Binoculars provided by Upper Darby Recreation. Leaders: Jamie Watts (215-539-7920) and Lynne Rabchuk; Photo by Jamie Watts.

**Sunday, April 26th, 8:00am**  
**Arlington Cemetery**  
**2900 State Rd, Drexel Hill, PA 19026**  
**Registration not Required**



*Hooded Warbler*

**Bird Walk**  
**Arlington Cemetery**  
**Sun, April 26th**  
**8am**

All Are Welcome  
2 hours, 2 miles  
No restrooms  
All paved  
Binoculars provided by  
Upper Darby Recreation

Led by Lynne Rabchuk and Jamie Watts  
Of the Birding Club of Delaware County  
More info: [bedelco.org](http://bedelco.org)

UPPER DARBY Recreation  
BIRDING CLUB DELAWARE COUNTY PENNSYLVANIA



## April Spotlight

This month we celebrate Autism Awareness Month. At Aspire, we value all of our clientele, and we want to honor and celebrate those on the Autism Spectrum. This month is very special to us.

Let's take a moment to appreciate that Autism exists on a spectrum, with it looking different in each individual. That is why highlighting awareness and educating ourselves on traits, treatment, and other topics related to autism is always necessary.



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## Staff Profile Highlights



**Holly Esser**

Holly is our Behavioral Support Specialist and Behavioral Support Department Supervisor! In her role as a Behavioral Support Specialist and Behavioral Support Department Supervisor, she works closely with clients to help them achieve their behavioral goals and improve their day-to-day lives. From developing and implementing individualized strategies, tracking progress, and providing ongoing support tailored to each person's needs, Holly does it all. As a supervisor, she works hard to support other behavioral specialists by collaborating on cases, offering guidance, and sharing ideas to ensure we're providing the best possible care to our clients.

**Holly's Words of Wisdom:** "What I enjoy most about my work is seeing the progress my clients make over time. It's incredibly rewarding to watch them reach goals they've been working toward and to be part of that journey. I also find a lot of fulfillment in helping plan and set new goals once those milestones are achieved. Supporting my team is another highlight for me—I enjoy working together to find effective strategies and helping others feel confident in the work they're doing. Overall, it's the growth, progress, and positive impact that make this work so meaningful to me."

*Thank you for reading!*

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